

NO HITTING ZONE

This facility is a No Hitting Zone

▶ TIPS FOR PARENTS

- **STOP!** Hitting your child will not help
- **BREATHE** Step back and count to 20
- **REMEMBER** Hitting teaches violence, and yelling doesn't help
- **TRY** Many other proven discipline strategies that DO work
- **KNOW THE LAW** Hitting a child and leaving a mark is against the law in New York State

For more information, speak with a doctor, nurse or social worker, or call the **PARENT HELPLINE** at **1-800-CHILDREN (244-5373)**.

To learn more about the “No Hit Zone” program, contact the J.E. and Z.B. Butler Center for Children and Families at 718-920-5833, or visit www.cham.org/butlercenter.

